

TAEKWONDO			2026	SEPTEMBER	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 31-Aug	1	 2	 3	 4	5 CLOSED SUMMER SCHEDULE
7 CLOSED LABOUR DAY	 8	 9	 10	 11	12
 14	 15	 16	17	 18	19
 21	 22	 23	24	 25 TESTING NO CLASSES	26
28	 29	 30	 1-Oct	 2-Oct	3-Oct

- * Sparring classes are going to be for GREEN belt and up ONLY
- * Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- * If you need to purchase equipment, ask one of the Masters for help
- * Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.
- * Nunchuck & Boxing class starts from GREEN belt and up

TAEKWONDO			2026	OCTOBER	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28-Sep	29-Sep	 30-Sep	 1	 2	3
5	 6	 7	 8	 9	10 CLOSED
12 CLOSED THANKSGIVING	 13	 14	 15	 16	17
 19	 20	 21	22	 23	24
 26	 27	28	 29	 30 TESTING NO CLASSES	31

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