

TAEKWONDO		2026		FEBRUARY							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY						
	2		3		4		5		6		7
	9		10		11		12		13		14
FAMILY DAY CLOSED	16		17		18		19		20		21
	23		24		25		26		27		28

* Sparring classes are going to be for GREEN belt and up ONLY

* Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet

* If you need to purchase equipment, ask one of the Masters for help

* Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.

* Nunchuck & Boxing class starts from GREEN belt and up

TAEKWONDO		2026		MARCH							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY						
	2		3		4		5		6		7
	9		10		11		12		13		14
	16		17		18		19		20		21
	23		24		25		26		27		28
	30		31		1-Apr		2-Apr		3-Apr		4-Apr

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