





















| TAEKWONDO | | | 2026 | | FEBRUARY | |
|---|--|--|--|---|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|  2 |  3 |  4 |  5 |  6 |  7 | |
|  9 |  10 |  11 |  12 |  13 | 14 CLOSED | |
| 16 FAMILY DAY CLOSED |  17 |  18 |  19 |  20 | 21 | |
|  23 |  24 |  25 |  26 |  27 TESTING NO CLASSES | 28 | |
| | | | | | | |

- * Sparring classes are going to be for GREEN belt and up ONLY
- * Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- * If you need to purchase equipment, ask one of the Masters for help
- * Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.
- * Nunchuck & Boxing class starts from GREEN belt and up

| TAEKWONDO | | | 2026 | | MARCH | |
|---|--|---|---|--|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|  2 |  3 |  4 |  5 |  6 |  7 | |
|  9 |  10 |  11 |  12 |  13 |  14 | |
|  16 |  17 |  18 |  19 |  20 |  21 | |
|  23 |  24 |  25 |  26 |  27 TESTING NO CLASSES |  28 | |
|  30 |  31 |  1-Apr |  2-Apr |  3-Apr GOOD FRIDAY CLOSED |  4-Apr CLOSED | |

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