


























TAEKWONDO				2024	JULY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1-Jul CANADA DAY Closed	2 	3 	4 	5	NO CLASSES	
8	9 	10 	11	12 	NO CLASSES	
15	16 	17 	18 	19	NO CLASSES	
22 	23 	24 	25	26  TESTING NO CLASSES	NO CLASSES	
29 	30	31 	1-Aug	2-Aug 	NO CLASSES	

- * Sparring classes are going to be for yellow belt and up ONLY
- * Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- * If you need to purchase equipment, ask one of the Masters for help
- * Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.
- * Nunchuck & Boxing class starts from GREEN belt and up

TAEKWONDO				2024	AUGUST	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5 CIVIC DAY Closed	6 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	7 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	8 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	9 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	NO CLASSES	
12	13 	14 	15	16 	NO CLASSES	
19 	20 	21 	22	23	NO CLASSES	
26	27 	28 	29 	30  TESTING NO CLASSES	NO CLASSES	
2-Sep LABOUR DAY Closed	3-Sep 	4-Sep	5-Sep 	6-Sep 	7-Sep 	

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