

				JULY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 29-Jun	 30-Jun	1 CLOSED CANADA DAY	2 	3 	4 CLOSED SUMMER SCHEDULE
6 	7	8 	9 	10 	11 CLOSED SUMMER SCHEDULE
13	14 	15 	16 	17 	18 CLOSED SUMMER SCHEDULE
20 	21 	22 	23	24 	25 CLOSED SUMMER SCHEDULE
27 	28 	29	30 	31  TESTING NO CLASSES	1-Aug CLOSED SUMMER SCHEDULE

- * Sparring classes are going to be for GREEN belt and up ONLY
- * Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- * If you need to purchase equipment, ask one of the Masters for help
- * Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.
- * Nunchuck & Boxing class starts from GREEN belt and up

Summer Break

We will be closed for the summer break from August 4th to August 7th. From now until the end of August we will offer make up classes. Please feel free to let our staff know or email us if you need this service. From August 10th we will resume with the regular class schedule. Have a safe and happy summer break!

TAEKWONDO		2026		AUGUST	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 CLOSED CIVIC DAY	4 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	5 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	6 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	7 CHUNG'S TKD SUMMER BREAK (NO CLASSES)	8 CLOSED SUMMER SCHEDULE
10	11 	12 	13 	14 	15 CLOSED SUMMER SCHEDULE
17 	18 	19 	20	21 	22 CLOSED SUMMER SCHEDULE
24 	25 	26	27 	28  TESTING NO CLASSES	29 CLOSED SUMMER SCHEDULE
31 	1-Sep	2-Sep 	3-Sep 	4-Sep 	5-Sep CLOSED SUMMER SCHEDULE

- * Sparring classes are going to be for yellow belt and up ONLY
- * Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- * If you need to purchase equipment, ask one of the Masters for help
- * Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.
- * Nunchuck & Boxing class starts from GREEN belt and up