

































TAEKWONDO				2024		APRIL	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1 Easter Monday Closed	2 	3	4 	5 	6		
8	9 	10 	11	12 	13		
15	16 	17 	18 	19	20		
22 	23 	24 	25	26  TESTING NO CLASSES	27		
29 	30 	1-May 	2-May	3-May	4-May		

- * Sparring classes are going to be for yellow belt and up ONLY
- * Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- * If you need to purchase equipment, ask one of the Masters for help
- * Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.
- * Nunchuck & Boxing class starts from GREEN belt and up

TAEKWONDO				2024		MAY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
29-Apr 	30-Apr 	1 	2	3	4		
6	7 	8 	9	10 	11		
13	14 	15 	16	17 	18 Closed		
20 Victoria Day Closed	21 	22 	23 	24	25		
27 	28 	29	30 	31  TESTING NO CLASSES	1-Jun		

- * Sparring classes are going to be for yellow belt and up ONLY
- * Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- * If you need to purchase equipment, ask one of the Masters for help
- * Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also and Olympic regulation.
- * Nunchuck & Boxing class starts from GREEN belt and up