


| TAEKWONDO  |   |   | 2026  |  | APRIL       |  |
|--|---|---|---|--|-------------|--|
| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY    |  |
| 30-Mar<br> | 31-Mar  | 1<br>  | 2<br>  | 3<br>CLOSED<br>GOOD FRIDAY   | 4<br>CLOSED |  |
| 6  | 7<br>  | 8<br>  | 9<br>  | 10<br>    | 11          |  |
| 13<br>     | 14<br> | 15<br> | 16  | 17<br>    | 18          |  |
| 20<br>     | 21<br> | 22  | 23<br> | 24<br>TESTING<br>NO CLASSES  | 25          |  |
| 27<br>     | 28  | 29<br> | 30<br> | 1-May<br> | 2-May       |  |

- \* Sparring classes are going to be for GREEN belt and up ONLY
- \* Before sparring class, make sure to put on all equipment EXCEPT chest guard and helmet
- \* If you need to purchase equipment, ask one of the Masters for help
- \* Sparring equipment is needed in order to learn proper techniques in the best way. Not only does it provide safety, it is also Olympic regulation.
- \* Nunchuck & Boxing class starts from GREEN belt and up

| TAEKWONDO   |  |   | 2026  |  | MAY          |  |
|---|--|---|---|--|--------------|--|
| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY     |  |
| 4   | 5<br>     | 6<br>  | 7<br>      | 8<br>     | 9            |  |
| 11<br>    | 12<br>    | 13<br> | 14  | 15<br>    | 16<br>CLOSED |  |
| 18<br>CLOSED<br>VICTORIA DAY  | 19<br>    | 20<br> | 21<br>     | 22<br>    | 23           |  |
| 25<br>    | 26   | 27<br> | 28<br>     | 29<br>TESTING<br>NO CLASSES  | 30           |  |
| 1-Jun<br> | 2-Jun<br> | 3-Jun   | 4-Jun<br> | 5-Jun<br> | 6-Jun        |  |

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